

JANUARY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 No SCHOOL	3 CHILI CHEESY BREADSTICK FRUIT	4 SAUSAGE PIZZA LETTUCE SALAD FRUIT	5 WALKING TACOS: CHIPS, MEAT, CHEESE, SALSA, SHREDDED LETTUCE FRUIT	6 SCALLOPED POTATOES & HAM YOGURT, VEGGIES, BREAD FRUIT
9 CHICKEN NUGGETS SWEET PEPPERS & DIP APPLE FRUDEL FRUIT	10 HOTDOG ON A BUN BAKED BEANS FRUIT	11 ITALIAN PASTA BAKE GARLIC BREAD LETTUCE SALAD FRUIT	12 FIESTADA PIZZA HOT VEGETABLE FRUIT	13 TOMATO SOUP CHEESY BREADSTICK POTATO WEDGES FRUIT
16 No SCHOOL	17 CHICKEN PATTY ON A BUN HOT VEGETABLE FRUIT	18 FRENCH BREAD PIZZA LETTUCE SALAD FRUIT	19 MEXICAN CASSEROLE w/ CORN CHIPS STRING CHEESE FRUIT	20 PANCAKES OR WAFFLES SAUSAGE PATTY TRI-TATER FRUIT
23 POPCORN CHICKEN SNAP PEAS & DIP ASSORTED GRAINS FRUIT	24 SLOPPY JOES BAKED BEANS FRUIT	25 PEPPERONI PIZZA LETTUCE SALAD FRUIT	26 QUESADILLA TRIANGLES HOT VEGETABLE FRUIT	27 TATER TOT HOTDISH BANANA BREAD STRING CHEESE FRUIT
30 CHICKEN CASSEROLE GARLIC BREAD BROCCOLI & CAULIFLOWER FRUIT	31 BBQ PORK ON A BUN BAKED BEANS FRUIT	1 CHEESE PIZZA LETTUCE SALAD FRUIT	2 BEEF & CHEESE BURRITO HOT VEGETABLE STRING CHEESE FRUIT	3 MEAT IN GRAVY MASHED POTATOES BISCUIT, COLESLAW FRUIT

SAMUEL LUTHERAN SCHOOL IS AN
EQUAL OPPORTUNITY PROVIDER

MENU SUBJECT TO CHANGE

OFFERED DAILY:
CHOC (K-8), SKIM, & 1% MILK

ALL GRAINS (BUNS/BREADS/BREADING/TORTILLAS/PASTAS/CHIPS) ARE WHOLE GRAIN & MEET SCHOOL GRAIN REQUIREMENTS